

BROOKLETTS PLACE TALBOT SENIOR CENTER 400 BROOKLETTS AVENUE * EASTON, MD 410-822-2869

APRIL 2016

410-822-2869 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Calendar of Events on the WEB: www.talbotcountymd.gov Community/Other Local Agencies/Senior Center & as a link on the Town of Easton's website www.town-eastonmd.com Community/Talbot Senior Center Also available on the Eastern Shore Senior Website: http://www.easternshoreseni or.com/content/talbotseniorc entercalendar	Poetry Month POETS CORNER	VISIT US ON OUR NEW WEBSITE: www.brooklettsplace.org VISIT US ON FACEBOOK AT BROOKLETTS PLACE - TALBOT COUNTY SENIOR CENTER	Rafflemania! Enter to win a sewing machine Machines on display at Brookletts Place. Talbot County Senior Center. Raffle tickets are \$1.00 each and available now. Raffle ends April 30th. Open to all ages. Proceeds benefit Brookletts	9:00 Coffee Hour 9:00 Zumba Gold 9:30 Silk Painting Class 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 11:30 Toastmaster's 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
4 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advanced Beginners Watercolor 10:00 AARP Board Meeting 11:00 Card Players 12:00 Lunch w/ DJ Chuckie 12:30 Mahjong	5 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:30 Contract Bridge 12:00 Lunch 12:30 Pinochle 1:30 AARP Meeting	6 8:30 Comm. On Aging 8:45 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	Place. 7 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 Canasta 12:00 Lunch 12:00 T'ai Chi @TCCC 5:00 TOPS	9:00 Coffee Hour 9:00 Zumba Gold 9:30 Silk Painting Class 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong The Daisy is April's flower	8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Free Butterfly & Bee Spring Craft 10:30 Contract Bridge 12:00 Lunch w/ Laurie Toms & Company 12:30 Pinochle	13 8:45 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:00 Blood Pressure Screening 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	14 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:30 Edward Jones Seminar "Time Matters: A Women's Retirement Outlook" 10:45 Balance: Fall Prevention 11:00 Canasta 12:00 Lunch w/Chuck Fisher 12:00 Tigic Chi @TCCC	9:00 Coffee Hour 9:00 Zumba Gold 9:30 Silk Painting Class 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 11:30 Toastmaster's 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
18 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch w/Laura Baron & Pat Quinn 12:30 Mahjong 2:00 Alzheimer's Association Presentation	8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:30 Contract Bridge 11:30 Dutch Lunch Out/Doc's Grille, Easton 12:00 Lunch 12:30 Pinochle BICYCLE DAY	20 8:45 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Aquacare Physical Therapy Talks 10:00 Wii Bowling 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	21 8:00 TOPS 21 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Grocery Bingo 10:45 Balance: Fall Prevention 11:00 Canasta 11:00 The Art of Cooking w/ Sharon Harrington 12:00 Lunch 12:00 T'ai Chi @TCCC 5:00 TOPS	9:00 Coffee Hour 9:00 Zumba Gold 9:30 Silk Painting Class 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class EARTH DAY
8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong	26 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:30 Contract Bridge 12:00 Lunch and Welcome to Spring Show w/ Shelley Abbott 12:30 Pinochle NATIONAL PRETZEL DAY	8:45 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:00 Blood Pressure Screening 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	28 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:00 Elder Law Clinic 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 Canasta 12:00 Lunch 12:00 T'ai Chi @TCCC 5:00 TOPS	9:00 Coffee Hour 9:00 Zumba Gold 9:30 Silk Painting Class 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 11:30 Toastmaster's 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class

BROOKLETTS PLACE - TALBOT COUNTY SENIOR CENTER - APRIL 2016 Visit our Facebook Page: Brookletts Place - Talbot County Senior Center

OUTINGS & EVENTS:

Mon., April 4 – (12:00 p.m. – 1:00 p.m.) Sing along with DJ Chuckie as he takes you back to the sounds of the 50's & 60's with some country music, too. Advance sign-up for lunch required by April 1 or you may bring your own lunch.

Tues. April 12 – (12:00 p.m. – 1:00 p.m.) Musical performance by Laurie Toms & Company, renditions will include R & B, Pop, Classic Rock and Country. Advance sign-up for lunch required by April 1 or you may bring your own lunch.

Thurs. April 14 – (12:30 p.m. – 1:30 p.m.) We will welcome back Captain Chuck Fisher, the 2012 Baltimore Country Senior Idol Winner, who will be singing classic & modern Country, as well as songs from your high school sweetheart days (Bobby Vinton, Paul Anka, Marty Robbins, the Platters, etc.). He will also sing some of his original music. Advance sign-up for lunch is required by April 1st or you may bring your own. This program is funded in part by a grant from the Talbot County Arts Council, with revenues provided by the Maryland State Arts Council, Talbot County and the Towns of Easton and Oxford.

Mon., April 18 – (12:15 p.m. – 1:15 p.m.) LAURA BARON with special guest PAT QUINN Jazz, Blues and Swing in Celebration of Earth Day Laura Baron is renowned for her passionate delivery, her beautifully crafted songs and expressive jazz and folk vocals. Considered one of the premiere singer songwriters in the Mid-Atlantic region, Laura has received multiple awards for her recordings. "A Little Note" received the Song of The Year Award and was recently released as a music video. She will be joined by jazz bassist, guitarist and singer Pat Quinn. - Funding provided by a grant from the Talbot County Arts Council & MD State Arts Council, with additional funding from Carpe Diem Arts; the Mid-Shore Community Foundation; Brookletts Place, the Talbot County Senior Center, and the Dock Street Foundation. Special thanks to Ed Klein for providing the sound equipment. Advance sign-up for lunch required by April 4th or you may bring your own.

Thurs. April 19 – (11:30 – 1:30) Dutch Lunch Out at Doc's Downton Grille, Easton, MD. The bus will leave the Center at 11:15 a.m. Advance sign up is required by April 12th.

Tues. Apr. 26 – (11:30 a.m.) Welcome to Spring Luncheon with Shelley Abbott Advance sign-up for lunch required by April 12th or you may bring your own.

UPCOMING TRIPS: All trips open to anyone 21 years of age or older. SORRY but no children or infants allowed. Refund policy is in effect for all trips.

For a complete list of 2016 Trips, please visit our website www.brooklettsplace.org or stop by the senior center and pick up a copy of our 2016 Travel Log.

May 5, 2016

Air Mobility Command Museum & Dover Downs Casino
Air Mobility Command Museum, an over 20,000 sq. ft. of inside aircraft display and exhibit space, plus an attached building of 6,400 sq. ft. that houses a theater, museum store, artifact storage, etc. Outside the hangar is Commemoration Park, a tranquil area dedicated to those who served so honorably, plus an airpark featuring large airlifters. Then we travel to Dover Downs where everyone must have a legal, valid photo ID to sign up for a Capital Club Card; this will give you a \$2.00 discount at the Festival Buffet. PAYMENT IN FULL IS DUE BY FRIDAY, MARCH 25,

August 18-19, 2016

Sands Casino, Bethlehem, PA \$255.00 per person single rate, \$185.00 per person double rate, \$160.00 per person triple rate, \$150.00 per person quad rate. Trip will include overnight accommodations, One Buffet Voucher, One Continental Breakfast, \$40 Free Slot Play from Casino and one Discount Coupon Booklet to the Outlets at Sands. Also includes luggage handling (including gratuities), Motorcoach transportation (includes gratuities). The bus will leave Kohl's parking lot <u>Thursday, August 18th</u> at 7:00 a.m. with arrival at the Casino at 10:00 a.m. We will depart the Casino <u>Friday, August 19th</u> at 3:00 p.m. with anticipated arrival in Easton at 6:00 p.m. <u>DEPOSIT OF \$100.00 IS DUE BY MONDAY, MARCH 7, 2016 FINAL PAYMENT IS DUE BY MONDAY, JUNE 13, 2016 <u>Chesapeake Cravings: A Culinary Experience, Annapolis, MD</u> \$90.00 per person, includes transportation and a day of culinary delights. Bus will leave Kohl's 8:30 a.m. to travel to Annapolis. We will start our tour with a historically attired guide at Ram's Head Tavern & Brewery where</u>

September 20, 2016

we will enjoy Maryland inspired soup and hear tales of the area including the 300 year old Brewery, the US Naval Academy and the Chesapeake Bay. Next, you will enjoy a step-on guide tour of the Historic District. Enjoy lunch at BlackWall Hitch, a classic shore tavern style restaurant with your choice of entrée of Lump Crab Linguini Alfredo Skillet or Eastern Shore Chicken Pot Pie Skillet. Your Annapolis Culinary Experience will end at historic London Town & Gardens where you will see one of Maryland's earliest settlements on the South River. This will include a Colonial Hearth Cooking Demonstration and a dessert unique to Maryland – the 10 layer Smith Island Cake. <u>DEPOSIT OF \$50.00 IS DUE WEDNESDAY</u>, JUNE 1, 2016 WITH FINAL PAYMENT DUE FRIDAY, AUGUST 12, 2016.

<u>Western Mediterranean Cruise</u> 8 Days/7 Nights with Royal Caribbean Cruise Line on the Harmony of the Seas. Inside Cabin Category K – \$3,359 per person, Outside Cabin Category G \$3,664 per person, Balcony Cabin Category D6 - \$3,238 per person. \$350 initial deposit per

October 2-9, 2016

person double occupancy or \$700 per person single occupancy is required by February 16, 2016 to secure reservations and assign cabins. FINAL payment due by June 17, 2016. Rates are per person, double occupancy, and include roundtrip transportation to and from the airport, roundtrip air fare from Baltimore, cruise, port charges, government fees, taxes and transfers to/from ship. ROYAL CARIBBEAN HAS ADVISED THAT ALL AIR PRICES ARE SUBJECT TO CHANGE AND ARE NOT GUARANTEED UNTIL FULL PAYMENT HAS BEEN RECEIVED. PASSPORT REQUIRED

November 1-3, 2016

Christmas in Cambridge, OH 3 Days/2 Nights \$425.00 per person double occupancy \$555.00 single occupancy. Trip includes 2 nights lodging, 2 breakfasts, 2 dinners guided tour of the Dickens Victorian Village Display, Tour of National Museum of Cambridge Glass, Tour of Historic Roscoe Village with Character Guide for entire tour. Luggage handling, gratuity and motorcoach transportation provided. A DEPOSIT OF \$100.00 IS DUE BY JULY 1, 2016 FINAL PAYMENT IS DUE BY WEDNESDAY, AUGUST 31, 2016 Exploring Scotland & Ireland 13 Days/12 Nights \$4,099.00*/per person double occupancy, \$4,699.00/single occupancy, \$4,049.00/per person triple occupancy. 17 Meals: 11 Breakfasts & 6 Dinners. Highlights include: Highlights of this 13 day escorted tour: Guided tour of Edinburgh, vieit Palace of Holyroad house home to Many Queen of Scots: St Andrews - famous for the game of golf: a scenic cruise on the Loch Ness

March 12-24, 2017

visit Palace of Holyroad house, home to Mary, Queen of Scots; St. Andrews - famous for the game of golf; a scenic cruise on the Loch Ness; visit one of Scotland's renowned whiskey distilleries; guided tour of Glasgow; ferry crossing to Belfast; visit the Titanic Experience Museum; travel the Antrim Coastal Route, stopping at the Giant's Causeway; Guided tour of Glenveagh Castle –one of the finest gardens in Ireland; Dublin for 2 nights include guided tour of city highlights; an Irish Night; and much more. Trip includes: Roundtrip transportation to and from the airport, Round trip air from Baltimore Washington Airport, Air taxes and Fees/Surcharges, Hotel Transfers. A deposit of \$250 per person due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of September 06, 2016 are based upon availability. Final payment due by January 11, 2017. Please note: deposits are fully refundable up until September 13, 2016, after that date certain charges apply. *All rates are per person and are subject to change, based on air inclusive package from BWI.

Cancellation Waiver and Insurance of \$280 per person is not included in price. PASSPORT REQUIRED

FREE PROGRAMS: Advance sign-up requested for most programs – PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS

AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT. ADDITIONALLY IN SOME

CASES A FEE MAY APPLY FOR NO SHOWS!!

Fri., April 1, 8, 15, 22 & 29 - (9:30 a.m. – 11:30 a.m.) Silk Painting Class - Sue Stockman will return to help students create individual scarves and make larger panels that could be used as a "stage back drop" for performances at the Center. This class is limited to 12 students Advance sign-up is required. This program is funded in part by a grant from the Talbot County Arts Council, with revenues provided by the Maryland State Arts Council, Talbot County and the Towns of Easton and Oxford.

Tues., April 12 - (10:00 a.m. – 11:00 a.m.) Free Spring Butterfly & Bee Craft - Compliments of First Baptist Church, taught by Liz Lynch, Bob Lynch, Joann Harris, & Judith

Grobler. Limited to 20 participants – Advance sign-up is required.

Thurs. April 14 – (10:30 a.m. – 11:30 a.m.) Edward Jones Seminar with Tom Duncan presents "Time Matters: A Women's Retirement Outlook". This presentation is specifically

tailored for women who are getting ready for or have recently transitioned to retirement. Advance sign-up is required as space is limited.

Mon., April 18 – (2:00 p.m. – 3:00 p.m.) Alzheimer's Association presents – "Healthy Living for your Brain & Body" Tips from the latest research. For centuries we've know that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. There is no cost to attend, but advance sign up is required as space is limited. Presented by Jenerations Health Education, Inc.

Wed., April 20 - (10:00 a.m. – 11:00 a.m.) Aquacare Presents: Headaches and How To Avoid Them "Come and learn how your posture and activities can contribute to

headaches. You will learn what positions are ideal, what positions you should try to avoid, and how physical therapy treatment and exercises can reduce the frequency, duration, and/or intensity of headache pain." Advance sign up is required - limited space.

SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES

Thurs., April 21 – (11:00 a.m. – 1:00 p.m.) Cooking Class "The Art of Cooking" with Sharon Harrington. Cuba- Flavors and photos. Join Sharon Harrington and Ted Mueller who will share their recent trip to Cuba. Ted will share his street photography and Sharon will give you a taste of "Old Havana", cubano sandwiches, ropa veijo and cuban rice pudding. \$5.00 per person – MUST be paid prior to class. Advance sign up is required.

Advanced Beginners Watercolor Class – Every Monday (10:00 a.m. – 12:00 p.m.) \$60.00 per 6 week session. Diana Evans, Instructor

- Gentle Yoga with Cyndi Prudhomme Every Wed. (9:00 a.m. 10:00 a.m.) \$8.00 per class drop-in fee
- Intermediate Watercolor Every Thursday (10:00 a.m. 12:00 p.m.) \$60.00 per 6 week session. Diana Evans, Instructor
- Beginning Oil Painting Every Wednesday (9:00 a.m. 12:00 p.m.) \$5.00 per hour. NO CHARGE for SUPPLIES for first three sessions. Contact Jane Bollman, Instructor at 410-770-8611 or bollman@goeaston.net for additional information or to register

 Zumba Gold Every Fri. (9:00 a.m. 9:45 a.m.) Cyndi Prudhomme, Instructor \$30.00 per session or \$5.00 per class drop in fee
- Keyboard /Guitar Lessons Every Friday (10:30 a.m. 11:30 a.m.) \$5.00 per week taught by Quinn Parsley of Mike Elzey's Guitar Studio Spanish Fun Conversation Class Every Friday (1:00 p.m. 2:00 p.m.) \$5.00 per week taught by Roberto Padron

OTHER PROGRAMS:

- Mahjong Every Monday 12:30 p.m. and Friday 10:00 a.m. in the Game Room: Beginners are welcome 1st Friday of each month is designated as "New Players Day". Come and learn!
- Contract Bridge Every Tuesday 10:00 a.m. in Exercise Room #2 Free Instruction for Beginners with advance notice
- Pinochle Every Tuesday 12:30 p.m. in the Game Room Willing to teach Beginners at any time
- Shore Line Dancing Every Tuesday 7:00 p.m. 9:00 p.m. FEE Applies, 1st time free. For additional information please contact Joyce at 410-228-9200 or Garon at 410-820-7176

- Video (Wii) Bowling Every Wednesday at 10:00 a.m. in the TV Room. Come Join the Team!

 Blood Pressure Screening 2nd & 4th Wednesday of each month at 10:00 a.m.

 Elder Law Clinic Every 4th Thursday 10:00 a.m. 1:00 p.m. BY APPOINTMENT ONLY Contact Mid-shore Pro-Bono at 410-690-8128

 Canasta Every Thursday 11:00 a.m. in the Upstairs Lobby Currently for those who already know how to play. Beginners instruction 1st Wednesday of each month from 12:00 p.m. 3:00 p.m. Advance notice requested for instruction

 Poetry at Noon Every Friday in the Conference Room

 Stylen Vis. Mondays May 2-June 13: po class Memorial Day May 20. Sign Up Now for Healthy Living with Diabetes

<u>UPCOMING EVENTS:</u> Mondays May 2-June 13, no class Memorial Day May 30. Sign Up Now for Healthy Living with Diabetes Fri. May 6th AARP DRIVER SAFETY PROGRAM – SPACE IS LIMITED SIGN UP NOW

Thurs., May 26th THE JONES BOYS IN CONCERT - ADVANCE SIGN UP FOR LUNCH BY MAY 5TH IS REQUIRED OR YOU MAY BRING YOUR OWN